

**Joint Resiliency Director (JRD)**  
CH (COL) R. Patrick Moore  
W: 573-638-9613 C: 573-301-6964

**Deputy Director, JRD**  
CW5 Daniel Eagan  
W: 573-638-9500 (ext. 37110)

**Senior Operations NCO, JRD**  
CSM Anthony Zerbonia  
W: 573-638-9704

**Operations NCO/Casualty Assistance Manager**  
MSG Gessee Steck  
W: 573-638-9500 (ext. 37096) C: 573-356-9356

**Integrated Primary Prevention Officer**  
MAJ Erick Turley  
W: 573-638-9500 (ext. 37093)  
C: 660-238-4617

**Integrated Primary Prevention Specialist**  
Chris Crowson (ext. 37688)

**Sexual Violence Prevention Lead**  
Sarah Jimerson (ext. 37735)

**Self-Directed Harm Prevention Lead**  
Kimerly "Kim" Chillers (ext. 37094)

**Workplace Violence/Harassment Lead**  
Kay Calton (ext. 39891)

**Family Violence Prevention Lead**  
Brysen DeChant (ext. 37091)

**Prevention Specialist (West Region)**  
Bryan Patrick (ext. 35102)

**Prevention Specialist (East Region)**  
Adam Moss (ext. 36671)

**Prevention Specialist - 131st BW**  
Kirsten Inwood W: 660-687-3606

**Prevention Specialist - 139th AW**  
Marty Clary W: 816-236-3064

**Sexual Assault Prevention & Response (SAPR)**  
**Sexual Assault Prevention & Response Officer**

Benjamin Funk  
W: 573-638-9500 (ext. 37489)

C: 573-658-0537

**MO-JFHQ Victim Advocate**

**VACANT**

W: 573-638-9500 (ext. 37486)

## MISSOURI NATIONAL GUARD - CARE TEAM

**Medical Emergency: Call: 911**

**Suicide & Crisis Helpline: Call: 988** and press **1**, **Visit:** <https://www.veteranscrisisline.net>,  
**Chat:** text with a Crisis Line responder- send a text message to **838255** or through [veteranscrisisline.net/chat](https://www.veteranscrisisline.net/chat)

**Missouri 24/7 Sexual Assault Helpline: 573-694-4124**

### MOARNG Psychological Health Psychological Health Coordinators

Blake Thomas - **Director** (JC - ISTS)  
W: 573-638-9500 (ext. 37083)

C: 573-694-8651

Chelsea Sherley (JC - ISTS)  
W: 573-638-9500 (ext. 37275)

C: 573-658-0535

Kristine Stephens (Columbia Armory)  
W: 573-449-6246 (ext. 11615)

C: 573-658-0534

Emma Wangelin (St. Louis - JB)  
W: 314-416-6675

C: 314-580-5089

### MOARNG Religious Affairs State Chaplain (Jefferson City)

CH (COL) R. Patrick Moore  
W: 573-638-9316 (ext. 39613)

C: 573-301-6964

### Supervisory Chaplain (Jefferson City)

**VACANT**

W:

C:

**West - Kansas City**

**VACANT**

W:

C:

**Southwest - Springfield**

**VACANT**

W:

C:

**East - St. Louis (Jefferson Barracks)**

**VACANT**

W:

C:

### DEERS / ID Cards

State NCOIC

SSG Cecelia Ness

W: 573-638-9500 (ext. 37731)

### Survivor Outreach Services (SOS)

Jefferson City

Cynthia "Cindy" Fields

W: 573-638-9500 (ext. 37784) C: 573-508-2868

St. Louis (JB)

Heather Donnelly (north)

W: 314-416-6600 (ext. 36543) C: 314-201-1418

Shelly Volz-Hazel (south)

W: 314-416-6635 C: 314-327-5707

### Transition Assistance Advisor

Mark Jones (JC - ISTS)

W: 573-638-9797 (ext. 39797)

C: 573-291-8253

Johnny Kline (Springfield)

C: 252-665-4423

### State Equal Employment Manager

CW3 Tiffany Ray

W: 573-638-9500 (ext. 39689)

Equal Employment/Equal Opportunity Spec.

Michael Marsden

W: 417-868-6000 (ext. 36020)

### Employer Support of the

Guard and Reserve

Volunteer Support Technician

Justin Bowden

C: 816-699-1867

### Passport Agent (Jefferson City)

SGT Jason Comstock

W: 573-638-9538

### State Family Program Director

CPT Jason Wilkerson

W: 573-638-9504

C: 573-259-8779

### Lead Soldier & Family Readiness Specialists

Neil Lamont

W: 417-624-0722 (ext. 13132)

C: 417-430-5199

### Military & Family Readiness PGM (Air)

139th AW

Amy Mathias (St. Joseph)

W: 816-236-3939

131st BW

Mildred Munro (JB & WAFB)

W: 314-527-8305

### MOARNG Child & Youth Program (CYP)

#### Lead Child & Youth Program Coordinator

Shavon Parker

W: 573-638-9500 (ext. 37729)

C: 573-353-7501

#### Child & Youth Program Coordinator

Stacy Worthington

W: 573-638-9500 (ext. 37739)

C: 573-353-7491

### Retirement Services Office

John R. Lewis

W: 573-638-9648 (ext. 39648)

Todd E. Henderson

W: 573-638-9500 (ext. 37011)

Stella Druml

W: 573-638-9602 (ext. 39602)



For updates, call or email:

Brysen Dechant (573) 638-9500 (ext. 37091), [brysen.r.dechant.civ@army.mil](mailto:brysen.r.dechant.civ@army.mil)

Updated: 24 NOV 25

# Army

**Yellow Ribbon Reintegration Program (YRRP)**  
 1LT Joseph Fortenberry  
 W: 573-638-9500 (ext. 39645)  
 C: 409-429-4122  
 SFC Evangeline McKay  
 W: 573-638-9500 (ext. 37733)

**Risk Reduction, Resilience, and Suicide Prevention (R3SP)**  
 OC Robyn Jones (NCOIC)  
 W: 573-638-9500 (ext. 37090)  
**Lead Risk Reduction Coordinator**  
 James Howard "Kiilani" Keeter  
 W: 573-638-9500 (ext. 37727)  
**Prevention Coordinator (Suicide)**  
 Nick Lovell  
 W: 573-638-9500 (ext. 39557)  
**Prevention Coordinator**  
 Chance Pinkerton  
 W: 573-638-9500 (ext. 39596)  
**Prevention Coordinator**  
 Kaityln Pinkerton  
 W: 573-638-9500 (ext. 39508)

**Drug Testing Program**  
**Drug Testing Coordinators**  
 SSG Ashton Maasen  
 W: 573-638-9812

**Education & Incentives**  
**OIC**  
 CW4 Allen Woods  
 W: 573-638-9500 (ext. 37053)  
**NCOIC**  
 SSG McConnell Kraft  
 W: 573-638-9500 (ext. 37051)  
**Incentives Manager / Bonuses**  
 SSG Emily Finn  
 W: 573-638-9500 (ext. 37690)  
**Federal Tuition Assistance**  
 Dr. Theresa Jefferson  
 W: 573-638-9500 (ext. 39637)  
**State Tuition Assistance**  
 Jaime Lister  
 W: 573-638-9500 (ext. 37971)  
**Student Loan Repayment Program**  
 CPT Leah Cerda  
 W: 573-638-9500 (ext. 37170)  
**GI Bill**  
 SGT Travis Hildreth  
 W: 573-638-9500 (ext. 37139)

**Holistic Health & Fitness (H2F)**  
 CPT A. Nicholas Deloach (Region OIC)  
 W: 816-922-5000 (ext. 35059)  
 MSG Chelsea Dill  
 W: 573-638-9500 (ext. 39827)

**MOARNG Sexual Assault Team**  
**110th MEB Sexual Assault Resp. Coord. (SARC)**  
 Jesse West  
 W: 816-922-5000 (ext. 35104)  
**35th MP BDE SARC**  
 Jarren Gorka  
 W: 314-416-6600 (ext. 36663)  
 C: 573-694-8634  
**35th MP BE Victim Advocate**  
 Tovonna Swan  
 W: 314-416-6600 (ext. 36662)  
 C: 573-301-5503

# Air

## Whiteman Air Force Base & St. Louis

**131st BW Directors of Psychological Health**  
**VACANT**  
 W: 660-687-7407 C: 314-753-0342  
 Kimberly Barragan (JB)  
 W: 314-527-8280 C: 314-939-0246  
*Dedicated to Local Bomb Wing*

**131st BW Chaplain Services**  
 CH (Lt Col) Sam Smith  
 C: 636-248-8972  
 CH (Maj) Charlie Dey  
 C: 314-299-3363

**131st BW Airman & Family Readiness Program**  
 Mildred Munro (JB & WAFB)  
 W: 314-527-8305/6  
 C: 314-369-2566

**131st BW Primary Prevention Specialist**  
 Kirstin Inwood  
 W: 660-687-4732

**131st Inspector General (JBANGS)**  
 Lt Col John Arata  
 W: 314-527-8835 C: 636-448-4024

**131st BW Equal Opportunity**  
**VACANT**  
 W: 660-687-5736

**131st BW Human Resource Advisor**  
 SMSgt Ebony Hodges (DSG only)  
 W: 660-687-7519 C: 816-446-2882

**509th BW Domestic Abuse Victim Advocate (WAFB)**  
 Patricia Coleman  
 W: 660-687-5509  
 24/7 DAVA Hotline: 660-324-4752

**131st BW Sexual Assault Response Program**  
 Andrea Dodd (WAFB) - SARC  
 W: 660-687-2650 C: 660-563-0666  
 Mariah Gotsch (JB) - Victim Advocate  
 W: 314-527-8900 C: 660-563-0717

## St. Joseph

**139th AW Director of Psychological Health**  
 Jason Dye  
 W: 816-236-3356  
 C: 816-244-3032  
*Dedicated to Local Air Wing*

**139th AW Chaplain Services**  
 CH (Capt) Jeremy Fruechting  
 W: 816-236-3236  
 C: 816-390-0975

**139th AW Senior Military & Family Readiness**  
 Amy Mathias (Program Manager)  
 W: 816-236-3511  
 C: 816-390-2777

**139th AW Military & Family Life Counseling**  
 Karen O'Dea  
 W: 816-236-3199  
 C: 816-722-0342

**139th AW Primary Prevention Specialist**  
 Marty Clary  
 W: 816-236-3064

**139th AW Equal Opportunity**  
 Major Stephen Kollitz  
 W: 816-236-3837

**Education & Incentives**  
 Janette King  
 W: 816-236-3208  
 Cell: 573-638-9822

**139th AW Sexual Assault Response Coord.**  
 Lyndsay Bennett  
 W: 816-236-3677  
 C: 816-344-4744

Updated: 24 NOV 25



The Family & Warrior Support (FWS) mobile app is free and available for both iOS and Android devices. To download, search for 'MONG Family & Warrior Support' or scan the codes below.



## Serving All Branches of Service

**Family Assistance Centers (FACs)**  
**Soldier & Family Readiness Specialists (Army)**  
**Military & Family Readiness (Air)**

**Cape Girardeau**  
 Michael L. Woods  
 W: 573-339-6206 (ext. 16206)  
 C: 573-508-8656

**Ft. Leonard Wood**  
 Antoinete Clark  
 W: 573-329-9000 (ext. 39027)  
 C: 937-213-3895

**Jefferson City (Blue Armory)**  
 Marie C. Ward  
 W: 573-659-1600 (ext. 31626)  
 C: 573-489-7463

**Jefferson City (ISTS)**  
 Eric Schaben  
 W: 573-638-9672  
 C: 660-351-5659

**Joplin**  
 Neil Lamont  
 W: 417-624-0722 (ext. 13132)  
 C: 417-430-5199

**Macon**  
 Christopher Smead  
 W: 660-385-1167 (ext. 13716)  
 C: 573-529-6312

**Sedalia (MG John C. McLaughlin Armory) and Kansas City**  
 Carla Caldwell  
 W: 816-559-4100 (ext. 34022)  
 C: 660-351-5877

**St. Louis (Jefferson Barracks)**  
 Ryan G. Fisher  
 W: 314-416-6638 (ext. 36638)  
 C: 636-535-7333  
 Mildred Munro (air)  
 314-527-8305/6

**St. Joseph (Mayes Memorial Armory)**  
 Jill Kain  
 W: 816-390-8693 (ext. 15415)  
 C: 816-565-3400

**St. Joseph (Rosecrans)**  
 Amy Mathias (air)  
 W: 816-236-3511 (DSN: 356-3511)  
 C: 816-390-2777

**Springfield (Ralph E. Truman Armory)**  
 Nick Carnes  
 W: 417-868-6024 (ext. 36024)  
 C: 417-425-3452

**Warrenton**  
 Krystl Jessop  
 W: 636-456-1457 (ext. 15713)  
 C: 314-914-9328

**Whiteman Air Force Base**  
 Mildred Munro (air)  
 314-527-8305/6

**DEERS / ID Cards - Call Ahead**

**Ft. Leonard Wood (35th EN BDE Armory)**  
 573-329-9000 (ext. 39111)

**Jefferson City (ISTS)**  
 573-638-9500 (ext. 37731 / 37732)

**Kansas City (Ozark Armory)**  
 816-922-5033 (ext. 35121)

**Lexington**  
 660-259-7731 (ext. 13623)

**Maryville (1/129th FA Armory)**  
 573-638-9500 (ext. 16016)

**Camp Clark**  
 573-638-9500 (ext. 33008)

**St. Louis (JB)**  
 314-416-6619 (ext. 36619)

**Springfield (Fremont Armory)**  
**Currently Closed**  
**St. Joseph (139th AW, Rosecrans)**  
 816-236-3330

**TRICARE - West Region**  
 844-866-9378  
[www.tricare-west.com](http://www.tricare-west.com)

**TRICARE - East Region**  
 800-444-5445  
[www.tricare-east.com](http://www.tricare-east.com)

**TRICARE for Life (TFL) w/ Medicare A & B**  
 866-773-0404  
[www.tricare4u.com](http://www.tricare4u.com)

**TRICARE Pharmacy**  
 877-363-1303  
[www.express-scripts.com](http://www.express-scripts.com)

**Active Duty Dental Program (ADDP) (for AGRS & ADOS with 30-day+ orders)**  
 866-984-2337  
[www.addp-ucci.com](http://www.addp-ucci.com)

**TRICARE Dental Program (TDP) (for M-Day & Family members)**  
 844-653-4061  
[www.uccitdp.com](http://www.uccitdp.com)

**Retiree Dental Program**  
 877-888-3337  
[www.benefeds.com](http://www.benefeds.com)

**Vision for M-Day & Family members**  
 877-888-3337  
[www.benefeds.com](http://www.benefeds.com)

**Retiree Vision Program**  
 877-888-3337  
[www.benefeds.com](http://www.benefeds.com)

**Retiree Council Members**

**Northeast Region:**  
 Alan Garrison  
[alan.garrison@juno.com](mailto:alan.garrison@juno.com)  
 Dan Hatcher  
 816-392-5668  
 Michael McQueen  
 217-257-8855

**Eastern Region:**  
 Bill Leeper  
 314-487-3863  
 314-580-8768  
[billandal@sbcglobal.net](mailto:billandal@sbcglobal.net)  
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[lucilleriley@sbcglobal.net](mailto:lucilleriley@sbcglobal.net)  
 John Argent  
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[silver9800@sbcglobal.net](mailto:silver9800@sbcglobal.net)  
 Bob Julius  
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 314-608-3751  
[julius6275@sbcglobal.net](mailto:julius6275@sbcglobal.net)  
 David Simons  
 314-832-0939  
 314-578-6248  
[dhsimons@sbcglobal.net](mailto:dhsimons@sbcglobal.net)  
 Tony Cosentino  
 636-296-9908  
 314-422-3436  
[tpcosentino@sbcglobal.net](mailto:tpcosentino@sbcglobal.net)

**Southeast Region:**  
 Donal Firebaugh  
 573-783-5447  
 573-783-9436  
[firebaugh@yahoo.com](mailto:firebaugh@yahoo.com)

**Central:**  
 William Johnson  
 573-999-9904  
[pointtechnology06@yahoo.com](mailto:pointtechnology06@yahoo.com)  
 Sharon Peery  
 660-353-4330  
[sharonp3cs@gmail.com](mailto:sharonp3cs@gmail.com)

**Northwest Region:**  
 Gaila Sullivan  
 816-436-5860  
[sulli819@hotmail.com](mailto:sulli819@hotmail.com)  
 Randy Rodenberg  
 660-329-0540  
[brazydaze@yahoo.com](mailto:brazydaze@yahoo.com)  
 Thomas Morris  
 816-617-7175  
[tmorris25@kc.rr.com](mailto:tmorris25@kc.rr.com)

**Retiree Council Members (cont.)**

**Western Region:**  
 Gary Boyd  
 816-835-1043  
[boydq@umkc.edu](mailto:boydq@umkc.edu)  
 Derbo Caicedo  
 816-309-0446  
[really67omg@gmail.com](mailto:really67omg@gmail.com)  
 Breck Ferguson  
 816-674-5873  
[fergie2505@gmail.com](mailto:fergie2505@gmail.com)

**Southwest Region:**  
 James Dunn  
 417-438-1985  
[sfcdunn@sbcglobal.net](mailto:sfcdunn@sbcglobal.net)  
 Jackie Adams  
 417-543-4770  
[jackieadams1026@gmail.com](mailto:jackieadams1026@gmail.com)  
 Gary Gilmore  
 417-466-4094  
[chaplaingary2@gmail.com](mailto:chaplaingary2@gmail.com)

**Missouri Veterans Centers (Vet Center) (provides confidential counseling)**

**Columbia**  
 2475 Broadway Bluffs Drive; Ste. 40  
 573-814-6206

**Kansas City**  
 4800 Main Street; Ste. 107  
 816-922-5300

**Springfield**  
 319 E. Battlefield Road; #B  
 417-891-4988

**St. Louis**  
 287 N. Lindbergh Blvd  
 314-894-5739

**Missouri Veterans Commission**

**Jefferson City**  
 205 Jefferson Street  
 573-751-3779

**Springfield**  
 1515 E. Pythian  
 417-895-6532

**Food Pantries**

**Jefferson City (VFW)**  
 Judy Minard  
 C: 573-694-8831  
 Patty Lecomte  
 C: 573-645-1955

**St. Louis (Jefferson Barracks)**  
 Linda Ferguson  
 C: 314-650-0188



24/7 Phone: 800-342-9647

Chat: <https://livechat.militaryonesourceconnect.org/webchat/>

Website: [www.militaryonesource.mil](http://www.militaryonesource.mil)

Updated: 24 NOV 25

## **Veterans / Military Crisis Line Geographical Region / Command Contact:**

Northern Command:	Dial 9-8-8 then press 1
Indo-Pacific Command:	Call 1-844-702-5493 (off base) or DSN 9-8-8 (on base)
European Command:	Call 1-844-702-5493 (off base) or DSN 9-8-8 (on base)
Central Command:	Call 1-855-422-7719 (off base) or DSN 9-8-8 (on base)
African Command:	Call 1-888-482-6054 (off base) or DSN 9-8-8 (on base)
Southern Command:	Call 1-866-989-9599 (off base) or DSN 9-8-8 (on base)

Additional information can be found at:

<https://www.veteranscrisisline.net/get-help-now/military-crisis-line/>